

2021

Dr. Kemmy



**BOOKING INFORMATION:
[DRKEMMYMD.COM/SPEAKER](https://drkemmymd.com/speaker)**

**BOARD-CERTIFIED DERMATOLOGIST
LIFESTYLE MEDICINE EXPERT
MINDSET COACH**

SPEAKERS KIT



**BOARD-CERTIFIED
DERMATOLOGIST**

PODCASTER

**LIFESTYLE
MEDICINE
EXPERT**

**MINDSET
COACH**

**GLOBAL
SPEAKER**

**BEST-SELLING
AUTHOR**

MEET DR. KEMMY

"A woman's place is in the kitchen and by her husband's feet." This was a common sentiment in Kenya when I was growing up. Girls and women were often discouraged from pursuing their dreams. My parents raised me differently and infused a sense of confidence in me. I was a persistent, hardworking, straight-A student who believed that my life had limitless possibilities. In high school, I read the book "Think Big," and aspired to end up at Yale University and become an amazing physician. With a lot of faith, effort, and determination, my dreams actually came true!

My journey took me to Boston, San Francisco, and then East Tennessee, where I started the Dermatology department at a busy multi-specialty group. It felt like I was living the dream life: I had a great job, a dedicated husband, beautiful children, and a lovely home. In 2019, my family had a near-death experience when an aircraft we were flying had an engine failure. That shocking experience caused me to re-evaluate my life and realize that although I was content, I was not living up to my full potential. Therefore, I moved out of my comfort zone. I enrolled in leadership programs, read books, listened to podcasts, and hired a coach. The result? I am happily embracing new opportunities and touching more lives. I am now a mindset coach, speaker, best-selling author, and podcaster. I strive to live the best version of my life, and would love to enhance your life as well!

WHAT TO EXPECT...

Here's what you can expect from me and my team:

- Prompt, professional replies to your phone calls and email messages.
- A personal phone consultation with a member of my team prior to your event, so I can better understand how I can best serve you and your audience.
- An announcement about your event on my blog and social media channels. (This assumes that your event is open to the public and you want additional visibility for it.)
- Professionally prepared and dynamically delivered Training & Presentations that focus on achieving the outcomes you want with your audience.
- Customized speeches that will suit your event theme.
- High energy and fun-filled events will keep the crowd engaged.



MY BIOGRAPHY

Kemunto Mokaya, M.D. (a.k.a. Dr. Kemmy) is a highly respected board-certified dermatologist, mindset coach, and speaker. She was born in Nairobi, Kenya, and moved to the United States for undergraduate studies at Yale University. She graduated from the Yale School of Medicine with her Doctor of Medicine degree (MD) and master's degree in Health Science (MHS). She completed her Internal Medicine internship at the Harvard-affiliated Massachusetts General Hospital. Her Dermatology residency was at the University of California San Francisco (UCSF).

Dr. Kemmy has over 10 years of clinical practice in Dermatology and has cared for thousands of patients. She is highly skilled in medical, surgical, ethnic, and cosmetic dermatology. Dr. Kemmy also practices lifestyle medicine and incorporates evidence-based lifestyle interventions like nutrition, exercise, and stress management to enhance patient care. Patients love Dr. Kemmy because of the exemplary care she provides. She is thorough and detail-oriented. She has an infectious smile, an outstanding bedside demeanor, and a caring personality. She has high patient satisfaction scores, winning awards such as the "Top Doctors" recognition. Dr. Kemmy is using her knowledge and experience to develop a platinum-level skincare line. Her mission is to help people gain healthy, radiant skin so that they can boost their confidence, age gracefully, and look their best.

"Living a limitless life to its full potential" is Dr. Kemmy's mantra. As a mindset coach, she has empowered many women to achieve their dreams. She is also an international speaker, author, and podcaster. Dr. Kemmy speaks dynamically on all matters related to skin and mindset in conferences, corporations, churches, and universities. She is a best-selling author, and the host of the Live and Look Younger podcast. She is also a blogger and a prolific media expert who contributes to publications like the Huffington Post, Healthline, NBC, Ebony, and many others.

Dr. Kemmy is a diplomat of the American Academy of Dermatologists (AAD) and the American Society for Dermatologic Society (ASDS) where she serves on several leadership committees. She has participated in the Harvard Surgical Leadership Program and the ASDS Future Leaders Network. She is a medical expert volunteer for the Albinism Society of Kenya. She resides in Houston, TX with her husband and three children. In her free time, she enjoys traveling, hiking, swimming, and gardening. You may follow and connect with Dr. Kemmy on social media with the handle: @drKemmyMD.

MY SIGNATURE TOPICS

It's always a challenge to find just the right speaker for your event. I understand how important it is to find someone who can give a strong, relevant message while connecting authentically to your audience. With that being said, I am honored you have decided to consider me. Please take a moment to review some of my most popular topics below. I do offer customized talks, so if you don't see what you are looking for, please contact me at drkemmymd.com/speaker



01

**LIVE AND LOOK YOUNGER:
5 WAYS TO THRIVE AND
LIVE YOUR BEST LIFE**

02

**HOW TO CREATE THE
RIGHT MINDSET FOR
FINANCIAL FREEDOM**



03

**TOP TIPS FOR HEALTHY,
GLOWING SKIN**



PREVIOUS SPEAKING ENGAGEMENTS

**AMERICAN SOCIETY FOR
DERMATOLOGIC SURGERY**

YALE UNIVERSITY

**STUDENT NATIONAL
MEDICAL ASSOCIATION**

KAISER PERMANENTE

**HARVARD MEDICAL
SCHOOL**

**SAN FRANCISCO
HEALTH EXPO**

**AMERICAN ACADEMY OF
DERMATOLOGY**

**UNIVERSITY OF CALIFORNIA
SAN FRANCISCO (UCSF)**

MULTIPLE CHURCHES

DRKEMMYMD.COM



WHAT OTHER PEOPLE HAD TO SAY...

Dr. Kemmy is one of the best dermatologists out there! She provides amazing patient care with incredible attention to detail. She is extremely knowledgeable, a great communicator, compassionate, and genuinely cares!

- Annelise Walker, Patient



Dr. Kemmy is a thought leader that is so informative and clear. I always take notes while listening to her! Tune in to whatever she is sharing!

- Dr. Kelechi U., Physician colleague

Finding Dr. Kemmy has been life-changing for me. My mindset has shifted, my skin and overall health have improved. I am living my best life!!

- Christine O., Pharmacist





IN THE MEDIA

I am always honored when people want to interview me or feature me in their media outlets; it is truly humbling to be allowed to expand my platform. That being said, keep in mind that I get quite a few of these types of requests, and time constraints keep me from honoring them all. If you would like to feature me or my work on your media outlet, please complete the contact form on the sidebar. My team works on a first-come, first-served basis. Additionally, we consider audience size and relevance. I look forward to hearing from you.



WHERE I'VE BEEN FEATURED

HUFFPOST



AS | DS
American Society for
Dermatologic Surgery

EBONY





ACCOLADES & ACCOMPLISHMENTS

ACCOMPLISHMENTS

- Practicing Physician & Founder of Mokaya Medical Group
- CEO of Live and Look Younger, LLC
- Expert in Dermatology, with over 10 years of experience
- Creator & Host of the Live and Look Younger Podcast (launching in October 2021)
- Author of "Live and Look Younger: A dermatologist's guide to youthful skin and ageless beauty"

EDUCATION

BACHELOR OF SCIENCE AND ARTS

YALE UNIVERSITY

DOCTOR OF MEDICINE (M.D.)

YALE UNIVERSITY SCHOOL OF MEDICINE

MASTER'S DEGREE IN HEALTH SCIENCES (MHS)

YALE UNIVERSITY

INTERNSHIP

MASSACHUSETTS GENERAL HOSPITAL (HARVARD-AFFILIATED)

DERMATOLOGY RESIDENCY

UNIVERSITY OF CALIFORNIA SAN FRANCISCO (UCSF)



ACCOLADES & ACCOMPLISHMENTS

AWARDS

FELLOW OF THE AMERICAN ACADEMY OF DERMATOLOGY (AAD)

FELLOW OF THE AMERICAN SOCIETY FOR DERMATOLOGIC SURGERY (ASDS)

ASDS FUTURE LEADERS NETWORK ALUMNA

ASDS SOCIAL MEDIA WORKGROUP CO-CHAIR

MEMBER OF THE WOMEN'S DERMATOLOGIC SOCIETY (WDS)

MEMBER OF THE SKIN OF COLOR SOCIETY

US NEWS TOP DOCTOR

VITALS "TOP DOCTORS" RECOGNITION, PATIENTS' CHOICE AWARD: 2020, 2018, 2017

VITALS "TOP DOCTORS" RECOGNITION, COMPASSIONATE DOCTOR RECOGNITION: 2020

VITALS "TOP DOCTORS" RECOGNITION, ON-TIME DOCTOR: 2020

HARVARD MEDICAL SCHOOL SURGICAL LEADERSHIP PROGRAM GRADUATE

DORIS DUKE CHARITABLE FOUNDATION INTERNATIONAL RESEARCH FELLOW

WILBUR DOWNS INTERNATIONAL RESEARCH FELLOW (YALE UNIVERSITY)

SCIENCE TECHNOLOGY AND RESEARCH SCHOLARS FELLOW

RICHTER INTERNATIONAL RESEARCH FELLOW AND SHEFFIED SCIENTIFIC SCHOLARSHIP (YALE UNIVERSITY)

MEDICAL EXPERT VOLUNTEER, ALBINISM SOCIETY OF KENYA

MY FEES

My speaking fees vary depending on several variables including the topic, duration and audience size. Please inquire for exact rate.

SPEAKING RATES ARE AS FOLLOWS:

- Keynote Fee (45 minutes) - \$5,000
- Breakout Session/ Panel (60 MIN) - \$5,000
- Workshop (90 MIN - 2 HR) - \$7,500
- Half Day Training (4 HR) - \$20,000

FEES ARE CUSTOMIZABLE AND NEGOTIABLE

ADDITIONAL CONSIDERATIONS:

When deciding to book me, here are some additional things to consider in your budget.

Event Admission:

- Event tickets for 2

Travel Arrangements:

- Airfare for two (first class) or
- Ground Transportation/ rental car (SUV only)

Meals & Gratuities:

- 2 meals per day (for 2)
- Tips/ gratuity at 15%

Hotel Accommodations

- 3 star hotel or higher
- Ground transportation to hotel (limousine or SUV)
- Room for speaker
- Room for speaker's assistant

FULL SPEAKERS RIDER PROVIDED UPON BOOKING





GET IN TOUCH

Dr. Kemmy



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